

# EXERCISE: Performance Measure Worksheet 1

Please fill in the performance measure information for each section.
<b>General Info</b>
Performance Measurement Title: Tutoring
Measure Category (choose one): Needs and Service Activities
Service Category addressed by this Performance Measure Worksheet: Tutoring and Child (Elem) Literacy
<b>Needs and Activities</b>
<b>Briefly describe the need to be addressed (1-3 sentences):</b> The students of Youth Villages are a population of behaviorally-challenged learners from all levels, including youth with diagnoses of Mental Retardation, ADHD, and learning disabilities. Corps members impact these youth through consistent tutoring, mentoring, GED preparation, and service learning activities in order to increase academic and reading skills. During out of school time, AmeriCorps members engage students in experiential activities, using an innovative, hands-on approach.
<b>Briefly describe how you will achieve this result (1-3 sentences):</b> Members will offer tutorial activities to a population of behaviorally-challenged students from October until the following May, averaging approximately 6 hours per day, four days per week, in classrooms serving nearly 150 youth, in addition to approximately 2 hours of out-of-school activities. Each individual member will be assigned a specific group to serve with, while providing support to other groups when needed.
How many AmeriCorps members will be participating in this activity? 14
How many days per week (on average) will this activity occur? 4
How many hours per day (on average) will this activity occur? 8
When does this activity begin? October
When does this activity end? May
<b>Result: Output</b>
<b>Result Statement:</b> <b>1-2 sentences stating the expected result.</b> Students will receive tutorial services in literacy (reading and writing ability)
<b>Indicator:</b> A specific, measurable item of information that specifies progress toward achieving a result. Indicator: Number of student participants.
<b>Targets</b>
<b>Target Description:</b> 50 students will receive 45-minute one-on-one literacy tutorial sessions twice weekly over a five-month period.
# (number) or % (percent): 50
<b>Instruments:</b> Specific tool to collect information (e.g. behavior checklist, tally sheet, attitude questionnaire, interview protocol). Weekly tutoring progress reports, tutoring data log.
<b>Result: Intermediate Outcome</b>
<b>Result Statement:</b> Students receiving one-on-one tutorial services will demonstrate improved academic performance in reading.
<b>Indicator:</b> A specific, measurable item of information that specifies progress toward achieving a result. Indicator: Percent of students with improved performance in reading
<b>Targets</b>
<b>Target Description:</b> 40 out of 50 students (80%) will increase their academic performance in literacy (Language Arts) by one grade level in a five-month period.
# (number) or % (percent): 80%
<b>Instruments:</b> Specific tool to collect information (e.g. behavior checklist, tally sheet, attitude questionnaire, interview protocol). Standardized test results, school records.

## EXERCISE: Performance Measure Worksheet 2

Please fill in the performance measure information for each section.

### General Info

**Performance Measurement Title:** Stress Management Training

### Measure Category (choose one):

✓Needs and Service Activities

Participant Development

Strengthening Communities

**Service Category addressed by this Performance Measure Worksheet:** Health Promotion Interventions

### Needs and Activities

#### Briefly describe the need to be addressed (1-3 sentences):

90 % of youth and young adult students, ages 14-24, in high school and colleges are experiencing high levels of stress and suicide rates.

#### Briefly describe how you will achieve this result (1-3 sentences):

10 AmeriCorps members will implement a stress management program consisting of eight (8) classes for 500 youth participants and conduct weekly stress relief community outreach initiative. The activities will be designed to provide youth and community members with stress management skills to help adopt and maintain healthy lifestyles and habits to improve their health status. The eight (8) week classes will be held monthly. The stress relief community outreach initiatives will be held weekly.

How many AmeriCorps members will be participating in this activity? 10

How many days per week (on average) will this activity occur? 5 days

How many hours per day (on average) will this activity occur? 8 hours

When does this activity begin? July 1, 2012

When does this activity end? June 30, 2013

### Result: Output

#### Result Statement:

1-2 sentences stating the expected result.

High School and College Participants will participate in an 8 session stress management workshop.

**Indicator:** A specific, measurable item of information that specifies progress toward achieving a result.

Indicator: 500 High School and College participants.

### Targets

Target Description:

500 youth will participate in the stress management workshops yearly.

# (number) or % (percent): 500

**Instruments:** Specific tool to collect information (e.g. behavior checklist, tally sheet, attitude questionnaire, interview protocol).

Data collection tools consisting of parental consent forms and daily attendance tracking forms will be used to analyze the results of the 500 youth participating in the Health Promotion Workshops.

### Result: Intermediate Outcome

**Result Statement:** 1-2 sentences stating the expected result.

Youth demonstrate increased stress management skills.

**Indicator:** A specific, measurable item of information that specifies progress toward achieving a result.

Indicator: Percent of youth participants who demonstrate increased stress management skills according to self-reports.

### Targets

Target Description:

70% of youth participants will increase their ability to manage stress via the Perceived Stress Scale.

# (number) or % (percent): 70%

**Instruments:** Specific tool to collect information (e.g. behavior checklist, tally sheet, attitude questionnaire, interview protocol).

Various data collection tools consisting of stress scale, pre and post test, observations, focus groups, and satisfaction surveys and parent consent forms.

## EXERCISE: Performance Measure Worksheet 3

<b>Please fill in the performance measure information for each section.</b>
<b>General Info</b>
<b>Performance Measurement Title: ED27:</b> Number of students in grades K-12 that participated in the mentoring or tutoring or other education program, including CNCS-supported service learning, who demonstrated improved academic engagement.
<b>Measure Category (choose one):</b> <input checked="" type="checkbox"/> Needs and Service Activities <input type="checkbox"/> Participant Development <input type="checkbox"/> Strengthening Communities
<b>Service Category addressed by this Performance Measure Worksheet:</b> Collect academic engagement data from school records, teacher surveys and/or student surveys at the beginning and end of the school year.
<b>Needs and Activities</b>
<b>Briefly describe the need to be addressed (1-3 sentences):</b> Collect school attendance data and school performance, Self Esteem Measurements, and Parenting and Youth Support Groups
<b>Briefly describe how you will achieve this result (1-3 sentences):</b> Through pre and post testing and Teacher surveys.
How many AmeriCorps members will be participating in this activity? <b>10</b>
How many days per week (on average) will this activity occur? <b>6</b>
How many hours per day (on average) will this activity occur? <b>7</b>
When does this activity begin? <b>August 2012</b>
When does this activity end? <b>July 2013</b>
<b>Result: Output</b>
<b>Result Statement:</b> Children will show an increase in their self-esteem, core supports and services will be in place and more easily follow child.
<b>Indicator:</b> Pre and Post Testing Case Notes Amount of Supports that have been linked with Child or Youth.
<b>Targets</b>
Children and Youth who reside in Emergency Housing and Shelter for more than 60 days. # (number) or % (percent): 80%
<b>Instruments:</b> behavior checklist, attitude questionnaire
<b>Result: Intermediate Outcome</b>
<b>Result Statement:</b> Communities and support networks of youth will be formed to meet to gain more information about homelessness. They will understand how they can be part of the solutions.
<b>Indicator:</b> Number of groups that will form and remain working on the issue for a period of 7 months.
<b>Targets</b>
Middle School, High School and College Youth Groups and Individuals. # (number) or % (percent): 5 Groups will form
<b>Instruments: Specific tool to collect information</b> Informational questionnaire both pre and post A needs assessment; number of successful activities and needs met.

## EXERCISE: Performance Measure Worksheet 4

Please fill in the performance measure information for each section.
<b>General Info</b>
<b>Performance Measurement Title:</b> Community Policing
<b>Measure Category (choose one):</b> ✓Needs and Service Activities Participant Development Strengthening Communities
<b>Service Category addressed by this Performance Measure Worksheet:</b> Community Policing/Community Patrol
<b>Needs and Activities</b>
<b>Briefly describe the need to be addressed (1-3 sentences):</b> Overall crimes increased in the City of Green in 2011. The six target neighborhoods are disadvantaged areas within the city which contain low income residents, individuals with lower educational achievement and higher crime rates. Cadet hike and foot patrols in these areas will provide a greater perceived sense of safety and security, information on crime prevention and community policing, and a visible AmeriCorps community policing presence in the community.
<b>Briefly describe how you will achieve this result (1-3 sentences):</b> Fifteen AmeriCorps cadets, organized into three groups, will conduct at least 12,000 hours of bike patrol in the six targeted neighborhoods to prevent and deter crime. Cadets will patrol on bikes and on foot with a NPO. Speak with residents and conduct home safety checks. They will also distribute flyers to residents containing information on crime prevention and community policing initiatives. Cadets will conduct at least 4 hours of bike patrol per day, Monday through Thursday.
How many AmeriCorps members will be participating in this activity? <b>15</b>
How many days per week (on average) will this activity occur? <b>4</b>
How many hours per day (on average) will this activity occur? <b>4</b>
When does this activity begin? <b>August 2012</b>
When does this activity end? <b>July 2013</b>
<b>Result: Output</b>
<b>Result Statement:</b> AmeriCorps cadets will conduct at least 12,000 hours of bike patrol in target neighborhoods and will perform home security checks, personal contacts, and distribution of crime prevention literature.
<b>Indicator:</b> The number of hours spent patrolling.
<b>Targets</b>
15 AmeriCorps members will perform at least 12,000 hours of bike patrol in the 6 target neighborhoods.
# (number) or % (percent): 12,000
<b>Instruments:</b> Cadet bike logs
<b>Result: Intermediate Outcome</b>
<b>Result Statement:</b> At least half of the residents in the six target neighborhoods will participate in home security checks designed to inform residents of crime prevention techniques. The Home Survey Tool form and sign-in sheets will be the instrument used to measure statistics.
<b>Indicator:</b> The number of homes participating in security checks
<b>Targets</b>
At least half of the homes in the target neighborhoods will participate in the security checks and take steps to improve the safety of their homes.
# (number) or % (percent): 50%
<b>Instruments: Specific tool to collect information</b> Informational questionnaire both pre and post Home Survey Tool forms and sign in sheets